

## The Scriptural Rosary

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

I believe in God, the Father almighty, Creator of heaven and earth; and in Jesus Christ, his only son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, sits at the right hand of God, the Father almighty; from there he shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.  
(Three Times)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **The First Sorrowful Mystery: The Agony in the Garden**

May the grace of this mystery come down into my soul.

Our Father

“Jesus came with them to Gethsemane. And Sadness came over him, and great distress.” (Matthew 26:36, 37)

Hail Mary

“Then he said, My soul is sorrowful to the point of death. Wait here and keep awake with me.” (Matthew 26:38)

Hail Mary

“Then he withdrew from them, and knelt down and prayed. (Luke 22:41)

Hail Mary

“Father, if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine.” (Luke 22:42)

Hail Mary

“Then an angel appeared to him, coming from heaven to give him strength.” ( Luke 22:43)

Hail Mary

“In his anguish, he prayed even more earnestly.” (Luke 22:44)

Hail Mary

“And his sweat fell to the ground like great drops of blood.” (Luke 22:44)

Hail Mary

“Then he came back to his disciples and found them sleeping, and he said, “So you had not the strength to keep awake with me one hour?” (Matthew 26:40)

Hail Mary

“You should be awake, and praying not to be put to the test.” (Matthew 26:41)

Hail Mary

“The spirit is willing, but the flesh is weak.” (Matthew 26:41)

Hail Mary

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of thine mercy.

**Second Sorrowful Mystery:** The Scourging at the Pillar

May the grace of this mystery come down into my soul.

Our Father

“They had Jesus bound and handed him over to Pilate. Pilate questioned him, “Are you the king of the Jews?” (Mark 15:1, 2)

Hail Mary

“Jesus replied, “Mine is not a kingdom of this world; but yes, I am a king.” (John 18:36, 37)

Hail Mary

“I came into the world for this; to bear witness to the truth; and all who are on the side of truth listen to my voice.” (John 18:37)

Hail Mary

“Truth?” said Pilate, ‘What is that?’, and with that he went out again to the Jews and said, ‘I find no case against him.’ (John 18:38)

Hail Mary

“So I shall have him flogged and then let him go.’ Pilate then had Jesus taken away and scourged.” (Luke 23:16; John 19:1)

Hail Mary

“Despised and rejected by men, a man of sorrows. “ (Isaiah 53:3)

Hail Mary

“Harshly dealt with, he bore it humbly, like a lamb that is led to the slaughterhouse.” (Isaiah 53:7)

Hail Mary

“Yet he was pierced through for our faults, crushed for our sins.” (Isaiah 53:5)

Hail Mary

“Ours, were the sufferings he bore, ours, the sorrows he carried.” (Isaiah 53:4)

Hail Mary

“On him lies a punishment that brings us peace, and through his wounds we are healed.” (Isaiah 53:5)

Hail Mary

Glory be to the Father, and to the Son, and to the Holy spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven especially those in most need of thine mercy. Amen.

### **Third Sorrowful Mystery: The Crowning With Thorns**

May the grace of this mystery come down into my soul.

Our Father

“The soldiers led him away to the Praetorium. Then they stripped him and dressed him up in purple.” (Mark 15:16, 17; Matthew 27:28)

Hail Mary

“And having twisted some thorns into a crown they put this on his head and placed a reed in his right hand.” (Matthew 27:29)

Hail Mary

“To make fun of him they knelt to him saying, ‘Hail, king of the Jews!’” (Matthew 27:29)

Hail Mary

“And they spat on him and took the reed and struck him on the head.” (Matthew 27:30)

Hail Mary

“Then Pilate took some water, washed his hands in front of the crowd and said, ‘I am innocent of this man’s blood. It is your concern.’”  
(Matthew 27:24)

Hail Mary

“Jesus then came out wearing the crown of thorns and the purple robe.”  
(John 19:5)

Hail Mary

“Here is your king,’ said Pilate, ‘Take him away!’ they said. ‘Crucify him!’ (John 19:15)

Hail Mary

“Why, what harm has he done?” But they shouted all the louder,  
‘Crucify him!’” (Mark 15:14)

Hail Mary

“Do you want me to crucify your king?” The chief priests answered, ‘We have no king except Caesar.’” (John 19:15)

Hail Mary

“So Pilate, anxious to placate the crowd, handed him over to be crucified.” (Mark 15:15)

Hail Mary

Glory be to the Father, and to the son, and to the holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of thine mercy.

## **Fourth Sorrowful Mystery: The Carrying of the Cross**

May the grace of this mystery come down into my soul.

Our Father

“If anyone wants to be a follower of mine, let him renounce himself.”  
(Luke 9:23)

Hail Mary

“And take up his cross every day and follow me.” (Luke 9:23)

Hail Mary

“And he carried his own cross as they led him out to crucify him.” (John  
19:17; Mark 15:21)

Hail Mary

“And they seized on a man, Simon from Cyrene, and made him shoulder  
the cross and carry it behind Jesus.” (Luke 23:26)

Hail Mary

“Shoulder my yoke and learn from me” (Matthew 11:29)

Hail Mary

“For I am gentle and humble in heart.” (Matthew 11:29)

Hail Mary

“And you will find rest for your souls. Yes, my yoke is easy and my  
burden light.” (Matthew 11:29, 30)

Hail Mary

“Large numbers of people followed him, and of women too, who mourned and lamented for him.” (Luke 23:27)

Hail Mary

“But Jesus turned to them and said, ‘Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children.’” (Luke 23:28)

Hail Mary

“For if men use the green wood like this, what will happen when it is dry?” (Luke 23;31)

Glory be to the Father , and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of thine mercy.

**Fifth Sorrowful Mystery: The Crucifixion**

May the grace of this mystery come down into my soul.

Our Father

“When they reached the place called The Skull, they crucified him.”  
(Luke 23:33)

Hail Mary



“Jesus said, ‘Father, forgive them; they do not know what they are doing.’ (Luke 23:34)

Hail Mary

“One of the criminals crucified with him said, ‘Jesus, remember me when you come into your kingdom.’ (Luke 23:39,42; Mark 15:32)

Hail Mary

“Indeed, I promise you,’ he replied, ‘today you will be with me in paradise.’ (Luke 23:43)

Hail Mary

“Near the cross of Jesus stood his mother and the disciple he loved.” (John 19:25, 26)

Hail Mary

“Jesus said to his mother, ‘Woman, this is your son.’ Then to the disciple he said, ‘This is your mother.’ (John 19:26,27)

Hail Mary

“And from that moment the disciple made a place for her in his home.” (John 19:27)

Hail Mary

“And a darkness came over the whole land, and the earth quaked; and the veil of the Temple was torn in two.” (Luke 23:44; Matthew 27:51)

Hail Mary

“And Jesus cried out in a loud voice, ‘Father, into your hands I commit my spirit.’ (Luke 23:46)

Hail Mary

“And bowing his head he breathed his last.” (John 19:30; Luke23:46)

**(Moment of Silence)**

Hail Mary

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Oh My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of thine mercy.

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this our exile, show to us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God

That we may be made worthy of the promises of Christ.

O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

*Prayer to Saint Michael the Archangel*

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host - by the Divine Power of God - cast into hell, Satan and all the evil spirits, who roam throughout the world seeking the ruin of souls. Amen.

Sign of the Cross